--- IMG\_7377.txt ---

Identification  
  
People who have kindness and humility, who have  
There should be love for only living beings, which is free from attachment, hatred and narrow-mindedness.  
Stand out from the meanness, simple and plain whose  
Be it life, structure or policy (?0॥04) which were not touched  
Yes, whatever is inside should be outside, boasting and show off (8॥0f)  
Those who always stay away from those who are criticized and worshiped.  
There should not be a nature which is sad in the sorrow of others and happy in the happiness of others.  
Become those who have a soft and gentle heart,  
  
Banana Cake: Puck - "07 7: 4-  
  
Those who have compassion even towards detractors and haters without causing harm...  
  
Those who take care of benefiting others as well, themselves and  
Strange are the characteristics of all great men.  
As soon as we reach their place, our hearts become restless and hot.  
May there be peace to those who get disturbed by mental disorders as soon as they come near them.  
be destroyed, and from within which there is joy all the time  
And if they feel streams of joy coming out, they will be called 'Saints'.  
They say . When asked by Arjun, God said-  
He who sits as if indifferent is not moved by the modes of nature.  
The modes of nature are revolving, and he who remains there does not move.  
O son of Pāṇḍava, light, instinct and delusion are also the same.  
He does not hate those who are engaged in it nor desire those who are withdrawn  
  
That is, one who is motionless and indifferent despite practicing good qualities.  
  
lives, and has neither a desire to retire, nor a tendency

--- IMG\_7378.txt ---

Such a man is beyond Vriguna.  
This is the heart  
It is said. or free from life  
  
Next we have another thick  
  
This criterion is good for ordinary people.  
Sadh's eyes and forehead are pure, whose forehead is wide open.  
And shining, in whose eyes divine radiance and  
Has charm, and whose face reflects a charming simplicity  
If you are there, consider him a complete man. Such great men dismembered  
They are never born, this is another matter - Surdasji  
Like any part of their body after attaining knowledge  
Has been destroyed. Saint-Andha, Kana, Lula, Langra and  
There will never be any embarrassment, this is external recognition.  
  
Next we will talk about a great Paramsant of the present era.  
In brief some characters and some of their valuable teachings,  
Present to you. This Mahatma, despite the extinction of religion,  
Look, considering the place, time and thing and  
Given the condition, strength and leisure of modern humans  
Keeping in mind the ancient yoga system, a new system has been developed.  
is. without any physical exertion  
By doing daily sadhana, what prakah aautmik etc.?  
Can And after doing neti, dhoti, asan and sharanaya  
Even without doing it, curious how to quickly and household  
It is possible, there is dream in waking and waking in dream,

--- IMG\_7379.txt ---

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( Four )  
  
What are the ways of managing a household in the mind and in detachment?  
O devotee, how is knowledge mixed?  
How to create super power-Kundalini easily without any hard work  
Awakening occurs, due to extreme pressure in the great nerve Sushumna.  
How does Prana enter, without the color and form of the elements?  
Descriptive of how the eyes are visible with closed eyes:  
Phonetic and anahata words without sounding in the ears -  
How to be heard from within, the practitioner tells his/her subtle body  
How can it be taken to distant countries, to the people sitting in front of you?  
How can one enter one's life-body and others?  
By lifting the soul from the lower places to the very high cosmic level  
How to get to places, with yourself and  
How to remove filth, distractions and coverings from the hearts of others  
How can we change our own and others' attitudes?  
Can go to the rituals developed for attaining liberation  
How to burn quickly, Vijnyamaya Kosh  
How can a seeker attain Sampragyat and Asampragyat Samadhi?  
There is to be entry, cosmic at the time of enlightened samadhi  
What is the easy way to attain knowledge and worldview?  
Is, Sahaj Samadhi or Manvi of Anandnamaya Kosha  
What is the pace of the seeker in Samadhi etc., many types.  
You have popularized such simple actions of means of  
Which was not yet present in the world in this form.

--- IMG\_7380.txt ---

Each of these tools:  
, What happened and when will you end your employment?  
Oh big! and works  
90 can be done very easily and its benefits  
, “Can see directly. By doing these, the seeker can remain within a week.  
, Only 7 will see some changes within himself, his emotions will rise.  
, will start happening, his experiences will start opening up, indirectly  
, He will find streams of joy entering within him  
, And he will start feeling the closeness of the real and the object because  
| God is Sat-Chid Bliss. Truthfulness, consciousness (knowledge) and  
, 'Brahma-darshan' is the complete attainment of bliss.  
, And to become like him is 'Bhamukti' (liberation).  
, Now without increasing our role further, we should  
, Let us begin the life of Gurudev with the hope that  
The lover will read it carefully and get something for himself from it.  
Neither will you benefit from any education.  
3 Chaturbhuj Sahay